



# AMERICAN ACADEMY OF OROFACIAL PAIN

## Newsletter August 2016

### Third Annual Mid-Year Sleep Medicine In Review

**Presented By:**

**Under the Auspice of the Dental Sleep Medicine Committee**

November 5, 2016 in Chicago, IL

**Hilton Hotel at the O'Hare International Airport**

**[Register here](#)**

#### Goals:

This course is designed to review the current literature as it relates to the field of sleep medicine and specifically to the dentist's role therein. A variety of current and relevant articles from various journals will be selected for review. In addition other articles of similar relevance will be cited. The ultimate goal is for the participant to have a more up-to-date understanding of the current literature. The articles that will be reviewed will be made available to those enrolled about one month in advance. Other articles that will be referenced will be made available in abstract form following the course. The material is applicable to anyone who wants to expand their knowledge regardless of experience.



AMERICAN ACADEMY  
OF OROFACIAL PAIN

# AAOP 41<sup>st</sup> SCIENTIFIC MEETING



THE EVOLVING WORLD OF OROFACIAL PAIN

**MAY 4-7, 2017**

TALKING STICK RESORT



# Update



## **Management of Painful Temporomandibular Disorders: A National Dental Practice-Based Research Network (PBRN) Study**

This is an update to the overview of the NIH/NIDCR funded prospective observational study: *Management of Painful Temporomandibular Disorders* that I presented at the annual AAOP meeting in April 2016. We are grateful for the positive responses we received from this meeting. Regardless of whether you were at this talk, we are requesting that practitioners get ready to participate in this study. In order for this study to be successful, we need 200 dentists that treat patients with painful TMD to enroll.

We are doing the “start-up” of the study in Minnesota in August to get ready for a successful study. **We anticipate that recruitment of subjects into the study by practitioners at-large will start in September.** Although there is no minimum number of patients that each practitioner should recruit - we are asking for a target of 11 consecutive patients with a maximum of 20 patients recruited per practitioner over a 1-year period.

### **Getting involved:**

- If you have not done this already, join the network today! To enroll, go online at: [www.nationaldentalpbrn.org/enrollment](http://www.nationaldentalpbrn.org/enrollment) and click on “complete a questionnaire”.
- Human subjects’ protection training is required for all NIH funded research. Contact Ms. Kimberly Johnson, the study manager for more information ([kimberly.s.johnson@healthpartners.com](mailto:kimberly.s.johnson@healthpartners.com) or call 952 967 5276). She will connect you with your regional coordinator who will help you get this done!

If you have already joined the network and completed the required training, a regional coordinator will contact you to schedule your TMD study training. Trained personnel will orient practitioners and their staff to the study protocol. We will be training practitioners in “waves” this Fall so that there is adequate time for the regional coordinators to get you and your office staff ready. After you and your staff are trained, you can start recruiting patients into the study.

### **Overview of study:**

Practitioners will provide what they believe is the best treatment for their patients. All baseline data collection will occur using a tablet provided to your practice. Patient follow-up is completed by a central coordinating center at 1, 3, and 6 months after enrollment – practitioners are not responsible for doing any patient follow-up. Practitioners complete a baseline and 6 month follow-up questionnaire. There is no need to see the patient back at 6-months to complete this follow-up questionnaire – only a review of their chart is needed.



**This study will answer these questions:**

1. What do our patient's think about the treatments we recommend?
2. Do our patients do what we recommend?
3. What treatments are doctors recommending and why?
4. How well do our treatments reduce our patients' pain and improve their jaw function?

This is a chance to have **outcome data** when interacting with health care providers and insurance companies. It will also let your patient know **you are doing NIH funded research.**

Questions? **Contact Ms. Kimberly Johnson**

**Email: [kimberly.s.johnson@healthpartners.com](mailto:kimberly.s.johnson@healthpartners.com) or call 952 967 5276.**

If this study is successful, it will open the door for potential funding of future studies to assess the management of TMD and other orofacial pain complaints as well as sleep apnea.

Sincerely,

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